



Connecting With Nature

Nature provides everything that a human being needs to be at ease in any environment. At the level of foundation for our physical human body vessel to thrive, nature gives us an unlimited supply of the 2 ultimate necessities, food & shelter. Nature uses an endless supply of energy to give us those fundamental elements. With that in place the human being was meant to be just that, a hue-man being, a colorful-physical-temple vehicle to be connected to nature. Nature, with all its infinite energy and color, is home for humans without need for manipulation.

Nature is the endless playground that was provided for us to enjoy the experience of life and living. Nature reminds us to play. Always find a way to play. Consciousness prefers to play no matter what emotions are present. Play in happiness, sadness, joy, excitement, pain, anger, loss, abundance, stimulation, calmness, etc. Nature wants to give everything to you and wants you to know it provides everything for you to enjoy being human in the comforts of this home.

Do you ever wonder why humans decided to be the only species that pay money to live? We should know that decision was only some human's idea of playing with nature. Forcing the idea to get every other human on the planet into a monetary survival system driven with fear is not the only way to play. When one has separated from the abundance of money one does not always perceive this as a game but for those who know and thrive with money the pleasure can be quite enjoyable. This can be realized once having stepped out of that system and re-connecting with nature.

Perception of nature is achieved only at the level of consciousness one has attuned to. However there are ways to expand and grow our consciousness, nature sensitivity, and to move beyond any previous limitations or separation. Find a place in nature to focus your undivided attention and simply listen to nature's language. For example, listen to the ocean shore. Is the ocean itself alive, breathing through the flow of waves washing ashore? Listen to the trees blowing in the wind, silence of snow falling to the ground, water flowing in a stream, rain falling, or the crash of thunder, the options are endless. With enough attention given to one particular aspect of nature's sounds, you will gain an insightful connection as that language will speak to you and inspire you with new knowledge of yourself, memory recollection and inspiration. This is how we get a clear vision for making our wishes come true.

Watch wild animals, birds, and insects intently without letting your mind distract you from simply observing and you will gain a new awareness. Although there really is nothing new, only detoxification of the layers of programs that cover your connectivity to your source. This can inspire your next wish on the path you've been intending to be on all along. Walk barefoot in the grass, the dirt, or the sand. You will feel nature's energy recharging you like a battery. Not only does this energize and revitalize, this will allow the electric charges you've been withholding too long to flow out. Surround yourself in a forest and breath deeply for 5 minutes. Lie on the ground and look up at the stars for 10 minutes. Smell a flower and let the scent travel through your memories to spark

one that has been long forgotten. Every sense we have can be stimulated by nature in the most essential way for us to consciously recognize our greatest self.

This human body is the original technology and is equipped with everything we see outside of us that we think are new technologies. Nature also shows us clues to this. Look closely at the way cellular information is showing up in the leaf of a tree. The organization of its structure is far from chance that such geometric patterns following mathematical formulas would randomly happen. Nature is our reference guide to better understand our own intelligent human body capabilities.

The technology we use daily is not far off of something as natural as a tree, although some of us might think that technology is destructive and has disconnected us. Trees communicate physically and wirelessly, absorbing in and sending out the energy currents from the elements of the environment. They communicate to each other as well as to us this way. This is ultimately the same way a computer or cell phone works; only those devices are toy replicas of our innate original technology which have been recreated by humans with their playful ideas. Some of those ideas are what may be disconnecting and destroying humanity unless we choose to connect with nature, know thyself and not fall victim to such games of destruction.

Nature has the remedy for healing every disease ever known to humans. There are millions of examples of this and all it takes is to better understand what our bodies are designed for. We are most like the primate species and what

do they eat for living healthy lives, fruits mostly, and look how strong and playful they are. Animals that feed on plants have multiple stomachs, longer GI tracts and colons designed for such digestion. Carnivores have much shorter, highly acidic, fast digestive tracts to make sure the meats they eat break down quickly and don't stay inside them long to rot. This is not the case for humans. Nature reminds us of the innate knowledge of our creation, with which we never have to be in disease or disharmony. And for those who currently are, can turn to nature for the medicines. This is another one of nature's endless gifts for you.

Nature will always be. Nature humbles our ego with its immense energetic beauty. Nature has ways of communicating to us that we are not the one's in control of Earth. Maybe we think there is a problem with global warming, pollution or natural disasters but in fact the only problem is that humans with ill egos and great power have foggy ideas of what would be good for the world and their own life. They have disregarded the fact that any problem they see externally is a problem internally. Had they spent enough time observing nature, they would have gotten the messages signaling their intuition, clearly and compassionately enough not to make such destructive decisions. Nature provides the endless supply of information to know all you need to know at your level of conscious awareness. This is how the technology we are works. This is how you will always have a guide when you might feel lost. Nature is everything in the form of what you define nature as. This is how to know you are connecting with nature; creating your reality and making your wishes come true. _Adam Walsh

WISH

Words Inspired Secrets Held



WishCandle.com

